

## Creativity, Action, Service Statement of Goals

“Creative minds have always been known to survive any kind of bad training.”  
– Anna Freud

Candidate’s name: \_\_\_\_\_ Diploma year: \_\_\_\_\_ Date: \_\_\_\_\_

What goals have you set for your own personal growth that fulfill the requirements of CAS and which you can accomplish within the next two years?

1. \_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_
3. \_\_\_\_\_  
\_\_\_\_\_
4. \_\_\_\_\_  
\_\_\_\_\_
5. \_\_\_\_\_  
\_\_\_\_\_

What activities do you participate in right now that will help you reach those goals?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

What new personal growth opportunities will you explore as part of CAS?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_